

HEALTH & FITNESS EXPO PARKING

Parking will be available to all Health & Fitness Expo attendees at McCormick Place Parking Lot C for a reduced rate of \$12.

Driving directions to McCormick Place Parking Lot C

[Fort Dearborn Drive, Chicago, IL 60616](#)

If approaching from the north, northwest or O'Hare Airport

Follow I-190 East to I-90 East. This turns into I-90/94 East (Dan Ryan Expressway). Keeping to the right, follow to I-55 North (Stevenson Expressway) onto US-41 South (Lake Shore Drive). Exit at 31st St. and turn left over the Jean Baptiste Point DuSable Lake Shore Drive Bridge to Ft. Dearborn Drive. Turn left and follow signs to Lot C.

If approaching from the west

Follow I-290 East (Eisenhower Expressway) to I-94 East (Dan Ryan Expressway). Keeping to the right, follow to I-55 North (Stevenson Expressway) onto US-41 South (Jean Baptiste Point DuSable Lake Shore Drive). Exit at 31st St. and turn left over the Lake Shore Dr. Bridge to Ft. Dearborn Drive. Turn left and follow signs to Lot C.

If approaching from the southwest or Midway Airport

Take I-55 North (Stevenson Expressway) onto US-41 South (Jean Baptiste Point DuSable Lake Shore Drive). Exit at 31st St. and turn left over the Jean Baptiste Point DuSable Lake Shore Drive Bridge to Ft. Dearborn Drive. Turn left and follow signs to Lot C.

If approaching from the south or Indiana via I-80/94

Take I-80/94, exit at I-94 West (Bishop Ford Expressway) and proceed on I-94 West (Dan Ryan Expressway). Follow to I-55 North (Stevenson Expressway) to US-41 South (Lake Shore Drive). Exit at 31st St. and turn left over the Jean Baptiste Point DuSable Lake Shore Drive Bridge to Ft. Dearborn Drive. Turn left and follow signs to Lot C.

If approaching from the Indiana Skyway

Take I-90 West (Indiana Tollway turns into the Chicago Skyway). Merge onto I-90/94 West (Dan Ryan Expressway). Exit at I-55 North (Stevenson Expressway) to US-41 South (Lake Shore Drive). Exit at 31st St. and turn left over the Jean Baptiste Point DuSable Lake Shore Drive Bridge to Ft. Dearborn Drive. Turn left and follow signs to Lot C.

If approaching from the north on DuSable Lake Shore Drive

Exit at 31st St. and turn left over the Lake Shore Dr. Bridge to Ft. Dearborn Drive. Turn left again and follow signs to Lot C. From the south, exit at 31st St. Stay to the right onto Ft. Dearborn Drive. Follow signs to Lot C.

If approaching from Congress Parkway (the Loop)

Turn right onto Columbus Drive (South). Merge with US-41 South (Lake Shore Drive). Exit at 31st St. Turn left over the Jean Baptiste Point DuSable Lake Shore Drive bridge to Ft. Dearborn Drive. Turn left again and follow signs to Lot C.