

2009 Expo Main Stage Schedule

Friday, October 9	Column1	Column2
Time	Presentation	Presenter(s)
9:00		
9:30		
10:00	Volkswagen Course Talk	Tom Moran
10:30	The Runner's Brain: Mental Strategies for Running Chicago	Dr. Jeff Brown
11:00		
11:30	Aid Station 101	Brenda Barrera
12:00	MarathonFoto: Runners in Motion	Gerald Swanson
12:30		
1:00	Event Alert System	Brenda Barrera
1:30		
2:00		
2:30		
3:00	Elite Race Preview	NBC broadcast team: Toni Reavis, Juli Benson and Ed Eyestone
3:30	The Runner's Brain: Mental Strategies for Running Chicago	Dr. Jeff Brown
4:00		
4:30	Nike Pace Team	Paul Miller
5:00		
5:30	Video Gait Analysis and Running Shoe Fit	AthletiCo with Nike
6:00		
6:30		
7:00		
7:30		

Saturday, October 11	Column1	Column2
Time	Presentation	Presenter(s)
9:00		
9:30		
10:00	Dean Karnazes Q & A presented by Volkswagen	Dean Karnazes
10:30	Aid Station 101	Brenda Barrera
11:00	Online Diary Panel Discussion	Brenda Barrera
11:30		
12:00	The Runner's Brain: Mental Strategies for Running Chicago	Dr. Jeff Brown
12:30		
1:00	Volkswagen Course Talk	Tom Moran
1:30	Elite Race Preview	The Score Sportsradio Broadcast Team: Marc Coogan, Jenny Spangler and Greg Meyer
2:00	Event Alert System Introduction	Brenda Barrera
2:30	Nike Pace Team	Paul Miller
3:00	The Runner's Brain: Mental Strategies for Running Chicago	Dr. Jeff Brown
3:30		
4:00		
4:30		
5:00		
5:30		

**Please note that updates to the Expo Main Stage Schedule will continue to be added. Please check back for additional programming.*